

DECORATING IDEAS

How an 18-Year-Old Equestrian Worked With an Interior Designer for Her Dream Room

The design deserves a blue ribbon, too.

by Teen Vogue Staff

For many of us, **redecorating** our room or dorm means a few trips to Target, Ikea, and Bed Bath and Beyond and hoping we can put together something that resembles what we've been saving on our Pinterest boards. In Tenafly, New Jersey, though, one 18-year-old's redecoration came with the help of a seasoned decorator who helped her channel her longtime equestrian passion into her bedroom decor. Caroline Adler worked with Charles Pavarini III, president of Pavarini Design inc. to turn her vision (inspired by a store in the Hamptons) into a bedroom reality for the ultimate sleeping, studying, and hanging out space — the design even won an award from the American Society of Interior Designers for Excellence in Design. Though soon Caroline will only get to visit her dream room (she's starting as a freshman at Syracuse this fall), we guarantee there's nothing more appealing than coming home on school breaks to home-cooked food, loving family, and a room that feels just like you. Read on to see more of Caroline's room; find out about her design process and working with Charles; and how she's preparing to decorate her dorm room.



1/9

Teen Vogue: How did you work together with Charles in achieving your dream room?

Caroline Adler: Before working together with Charles on my room, I had chosen my color palate which included white, silver, and pink. The inspiration for my room came from a bed I had seen in a store in the Hamptons. The original bed was cream with rivets, but Charles had it custom made for me and had it manufactured with a pearlized vinyl. After we decided on the bed, together we brainstormed ideas about the carpet, wall covering, furniture, art, and lighting.

Marco Ricca





2/9

TV: What inspired your decor?

CA: I was born in London, England and my childhood room was decorated with beautiful old English antiques which my mother began collecting while she was pregnant. After living in that space I desired a complete departure; I was inspired by the idea of clean, modern, and sophisticated adult rooms. I wanted more modern lines, the use of acrylic, rivets, and bold patterns. Given that I was going to live in the space as a teenager and young adult, I wanted to know that the space would be relevant yet youthful.

Marco Ricca





3/9

TV: What's your favorite part of the room?

CA: My favorite part of my room is my bed. Its my personal island, where I watch movies, study, talk to my friends, and feel safe.

Marco Ricca





4/9

TV: You're going to college this fall — do you already have plans for your dorm room decor?

CA: I have just finished planning and ordering all my decor for my dorm room with my roommate. The colors are not surprising — grey, white and black. We wanted to keep the room looking clean and felt in order to do that, the colors had to be subtle. We used dormify.com and bedbathandbeyond.com.

Marco Ricca





5/9

TV: Tell us about your equestrian career and how your room reflects your hobbies.

CA: I have been riding since I was 6 years old as a children's hunter jumper and competitively since I was 12. I jump 3-foot-3-inch fences. Most recently, I've won blue ribbons at the HITS horse shows in Saugerties, NY and in the Winter Equestrian Festival in Wellington, Florida. I've qualified for Marshall & Sterling National Finals during the past two years, won Reserve Circuit Champion at HITS and qualified for the \$250K HITS Horse Show Derby Finals. As my room is so cool and calming, when I'm getting ready to ride I'm able to concentrate on what I need to do in the ring. It's also fun to look around at my hard earned ribbons and know that I'm a champion.

Marco Ricca



6/9

Can you tell us a little about your path to college? **CA:** After attending public school from kindergarten through eighth grade, my parents felt that I was not quite ready for a mainstream high school. So for my freshman year, I attended the Windward School in White Plains, NY, an academic institution for students with language-based learning disabilities. At the time, I needed their intense immersion program in order to remediate my dyslexia before moving into a mainstream school. Windward only offers classes through ninth grade. After successfully completing my freshman year, and armed with the necessary academic tools, I was admitted to the Dwight School in Manhattan to complete my secondary education. Dwight is a college preparatory school with a rigorous International Baccalaureate curriculum. Between the bus ride into Manhattan, extra studies after school and daily horseback riding, my days have been very, very long. After a steady, but not academically spectacular sophomore year, I went on to achieve honor roll during my junior and senior years and proved to myself, my family, and my teachers that I can successfully manage dyslexia. I'm so excited to attend my dream college, where I will be in a challenging environment and continue to grow and thrive as a student and a strong independent person.



7/9

TV: What else would you want people to know about you, your room, and the design process?

CA: If you have the chance to redecorate your room, know what you want. Make sure that you have a good relationship with your designer and that he or she understands you, what you're inspired by, and what you want your room to ultimately look like. Charles has known me since I was a baby, he and I were on the same page for this project the whole way and I trust his judgement. He and I truly worked together as partners to create my dream room.

Marco Ricca





8/9

Marco Ricca

