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Media > Industry Events 2018

Pavarini Design Creates a Wellness Oasis for the Kips Bay Decorator Show

House In the middle of New York City, the interior design firm has created a relaxing space featuring natural healing

techniques and cutting-edge technology.

By Kristine Hope Kowalski

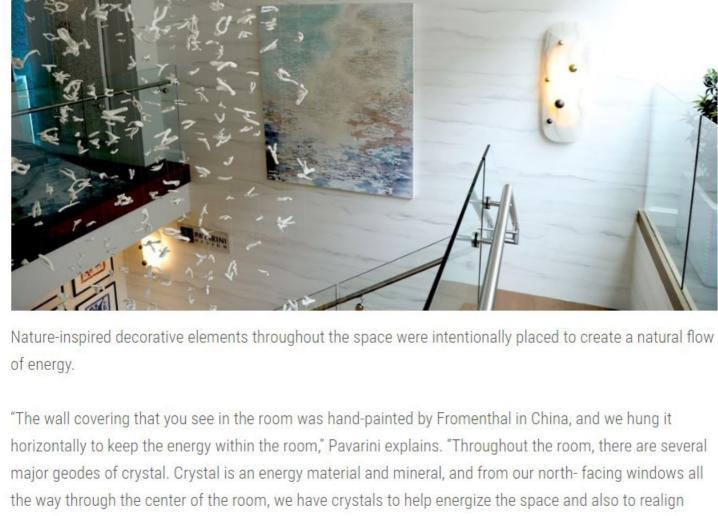
When you think about your dream penthouse space, what must-have elements come to mind? For city-dwellers, a patch of outdoor space with some vibrant greenery is a must-have, and an additional space to relax and unwind after a stressful day is even better.

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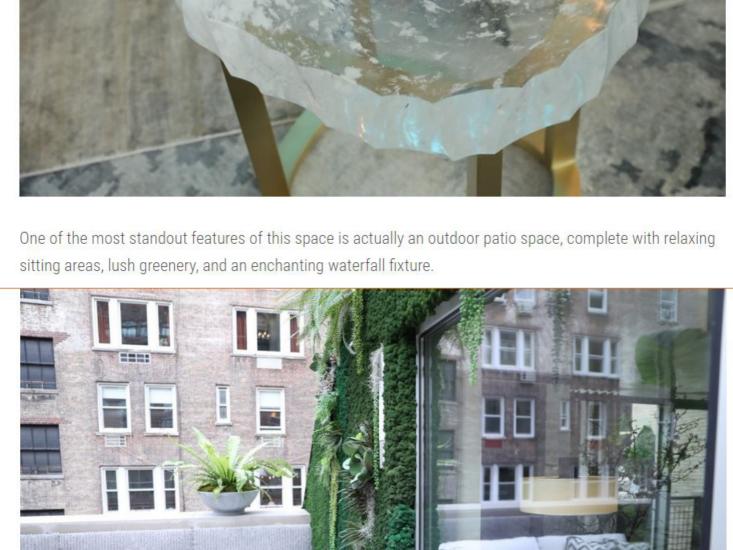
Pavarini Design is making its sixth showroom appearance at the 46th Annual Kips Bay Decorator Show House this year – and the company's mission for this year's event was to design an in-house getaway

space for clients to come to and embrace tranquility. House Tipster had the incredible chance to speak with both the firm's President and VP Charles Pavarini III and J. Randall at the 2018 Show House's VIP unveiling event in Manhattan. There, we learned all about innovative and relaxing space they are debuting, which has all been created in support of the Kips Bay Boys & Girls Club's work across the Bronx.





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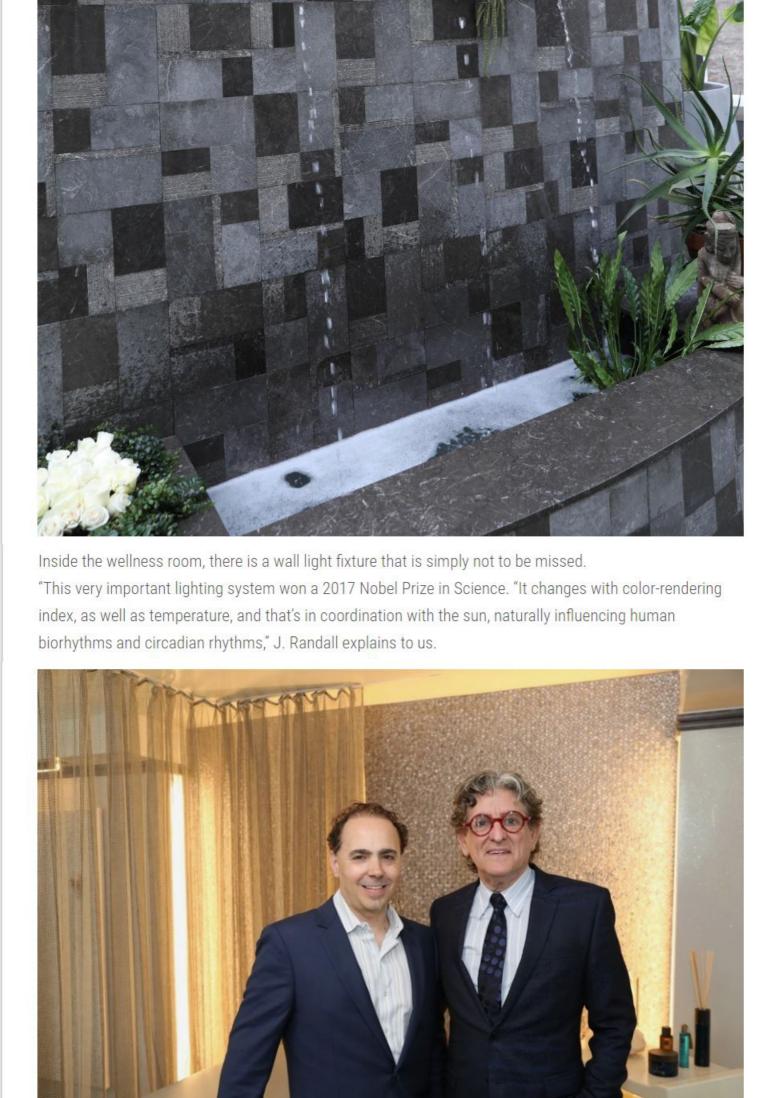


"The outdoor water feature, we built that specifically because we wanted the sound of water," Pavarini tells

slowing down. [It's] in a private sanctuary so that you can take out your yoga mat and exercise out there, do

us. "Water is a very healing sound, a natural sound. And already by hearing that, your biorhythms start

vour voga out there, and really get a sense of peace in an outdoor sanctuary."



"This system is available by Ketra Lighting," Randall explains, sharing that these systems are able to be installed at home and customized to your specific needs. "We have the ability to render it in any color. For chromatherapy treatments, for people experiencing excess pain – for instance, chemotherapy – actually bathing the body in red light alleviates pain. Scientific study has proven that different colors influence healing of different sicknesses in different ways."

"If it were running for the course of the whole day, it would train the body to know when it's time to wake up

episode and narrowing it down into a 30-second clip. So basically what it's doing is demonstrating over the

and when it's time to sleep," he adds. "This [one] is an accelerated rhythm, so we're taking a whole day's

course of the day how the effects of the light would influence your own circadian rhythm, thereby

enhancing your ability to sleep and to rest."

This space is certainly a treat to all the senses, and a wonderful addition to the Kips Bay Decorator Show

House.